

Improving Lives Through Cooking A nonprofit chef school ∞ Cape Town, South Africa

2025 STUDENT APPLICATION FOR CLASSES 50 & 51 ONLY

Class 50: March - September Class 51: April - October

FOR OFFICE USE ONLY - OOT						
#Chld: Work	history?	Y	N	Training/Certs	? Y	N
Income:		Enc	courag	ed to ReAp?	Y	N
Comments:						_
						_
						_
						_

STOP!

READ EVERYTHING VERY CAREFULLY

This form is <u>ONLY</u> if you live 75 km <u>OUTSIDE</u> of Cape Town – or in another province.

If you live anywhere in the region of Cape Town and its locations, you must download the proper forms from our website: ictchefs.org/apply-to-be-a-student.

DO NOT APPLY TO ICT IF:

- 1. You are under 21 years of age at the time of making this application.
- 2. You are the primary caretaker of a child under 2 years of age.

Your application will NOT be considered if you do not follow these two requirements.

Today's date:	Province you live in now:
Name:	_ Surname:
Age: Female Male II	D:
Phone:	2 nd phone (friend or relative):
Home address:	
Email address:	Home language:
Number of children: Their ag	ges:
	Mar-Sept) Class 51 (Apr-Oct) Either is fine but ICT will make the final decision which class you are in.

Submitting this application, or attending any interview, does NOT guarantee your acceptance to any ICT class.

STOP AGAIN!

YOU MUST READ AND UNDERSTAND EVERYTHING ON THIS PAGE

- 1) You are **not permitted** to share this form or give it to anyone else. Each person must download the forms for themselves from our website. You are **not permitted** to post this application form on any social media not on Facebook or anywhere.
- 2) You must **print out this application** and answer all questions **truthfully and in your own handwriting.** Type-written answers will **not** be accepted.

3) **IMPORTANT 2025 DATES**:

- 14 February: Deadline for submitting this application for both Class 50 and Class 51.
- 28 February: Your WhatsApp video interview before we ask you to travel to Cape Town.
- 5 March: Deadline for being in Cape Town if you are asked for an in-person interview.
- 14 March (possibly earlier): Your first in-person interview.
- 24 March: Class 50 begins.
- · 21 April: Class 51 begins.

Final selections for both classes will be made shortly before 24 March.

- 4) You must **relocate to Cape Town** for your in-person interviews and for the entire 7 months of the course.
- 5) **ICT provides no transport or accommodation.** If accepted into ICT, you must provide your own reliable accommodation in Cape Town **AND** transport to and from ICT each day **AND** airtime and data for the entire 7 months.
- 6) You must attach a clear photocopy of your ID to this application.

INSTRUCTIONS TO SUBMIT THIS APPLICATION DEADLINE: FRIDAY, 14 FEBRUARY 2025

- 1) **SCAN** all pages (do not send_photos). Email this application and all required attachments to: **applications@ictchefs.org**
- 2) **BRING THIS ORIGINAL APPLICATION AND ATTACHMENTS** with you to your first in-person interview. **DO NOT BE ONE MINUTE LATE** for your interview.
- 3) Emailed forms if you live in Cape Town and its locations will **NOT** be accepted.

ICT IS SERIOUS ABOUT TIMEKEEPING

If you are late for any ICT interview – **even one minute late** – you will be turned away and not eligible for that class. For your own professional future, you must **NEVER BE ONE MINUTE LATE**.

Part 1: Getting to Know ICT

Before you attend your first interview, it is important for you to get to know a little bit about ICT.

You must understand the seriousness of the business culture required to be chef.

Tick each box that you think is correct.

1)	limited work experience.	If a person has been all ious hospitality training	or people who have never wole to repeatedly find a job, g – or training in any emplo	or a person has had
		TRUE	FALSE	
2)	when it comes to the busin	ness world. Therefore,	special occasions. Drinkin, no amount of drinking alc time off, or when I am at h	ohol is permitted
		TRUE	FALSE	
3)	Even though the ICT train my usual friends and do a	-	my time and attention, I widid before attending ICT.	ll still be able to have
		TRUE	FALSE	
4)		•	whatever they want. If I done, ICT will give me those t	-
		TRUE	FALSE	
5)	like late taxis, no transpor	rt money, or personal i	ng. Businesspeople are not ssues at home. As training every single day – from al	for the business
		TRUE	FALSE	
6)	challenging. In order to g	row and to succeed, I	my life for the better. The pwill have to face many person possibly question some of	onal challenges, face
		TRUE	FALSE	
7)	ICT guarantees me a job.	Even if I quit a job or	get fired, ICT will get me	another one.
		TRUE	FALSE	
8)	and climbing the ladder to career, I must <i>always</i> do n	become a respected, v my best, work my hard	It takes many years of har well-paid chef. Therefore, est, and put in very long ho T learn to spend my money	if I want to grow my ours. I also MUST be
		TRUE	FALSE	
			1-	-25 OOT (C50-C51)

Part 2: Your Education, Training, Work History, and Health

1)	Do you have matric OR have you completed any NQF Level 4 schooling? YES NO If NO, what is your highest grade completed ?
	Name and location of high school attended?
2)	Has anyone in your life ever called you a "slow learner?" This includes, parents, relatives, teachers or friends. YES \(\subseteq \text{ NO } \subseteq \)
3)	Do you have ANY medical conditions, allergies, or disabilities ? YES \(\subseteq \text{NO} \subseteq \text{If YES, please explain in detail:}
4)	Have you been vaccinated against COVID-19? YES □ NO □
5)	List all medications you currently take, the reasons you take them, and how long you've been taking them.
6)	Describe your eyesight: Excellent Good Fair Poor Do you wear eyeglasses? YES Do you need to wear eyeglasses? YES NO Do you need to wear eyeglasses?
7)	How well do you speak, understand, read, write English?
	Speak: Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
	Understand: Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
	Read : Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
	Write: Excellent □ Very well □ Enough to get by □ Struggle a lot □ Very poor □
8)	Have you applied to ICT in the past? YES NO If YES, how many times?
W	hat year did you apply? How many in-person interviews did you attend? 0 1 2
	If you attended an in-person interview, what reason did we give you for not being accepted?

9) Have you attended a If YES, fill out belo		s training? YES NO NO
Name of institution: _		
Type of training:		Cost of training:
Date started:	Date finished:	Did you get a certificate? YES□ NO□
Name of institution: _		
Type of training:		Cost of training:
Date started:	Date finished:	Did you get a certificate? YES ☐ NO ☐
1		arned. If you need more space, attach a CV.
2		
3		

Part 3: Your Home Life & Financial Life

1) How many people currently stay in your home and what is their relationship to you?

2) If you have children, how many stay with you now? Their ages?				
If your children stay with other people, who do they stay with?				
In which province do they stay? How long have they been there?				
3) Do you have any money saved? YES NO If yes, how much?				
How did you manage to save that money?				
4) Do you or members of your family have any source of income? YES \ NO \				
Who earns the salary?				
What job(s) do they have?				
How long have they had those jobs? How much do they earn?				
How many social grants come into your home? Child Disability Pensioner				
5) Please explain how you will financially support yourself during your ICT training. Include where you will get transport money to and from class, and airtime and data for your phone.				
6) Have you ever visited or lived in Cape Town? VISITED ☐ LIVED ☐ NEVER BEEN ☐				
7) Please explain A) Where you will stay in Cape Town. B) Will you be staying with a friend, relative or stranger? C) Have you already made a firm plan and agreement with that person for you to stay there?				
A)				
B)				
C)				
8) Do you ever feel like a victim of life? YES \(\square\) NO \(\square\) If YES, what makes you feel that way?				
9) At any time in your life, have you experienced abuse or violence at home? YES \(\square\) NO \(\square\) If yes, please explain ONLY IF if you are comfortable doing so.				

10) Have you ever been convicted of a crime? YES NO If YES, please explain all details, including the date of your arrest(s) and dates of any time served in prison.
You must be honest. Having a criminal record does not automatically disqualify you from being admitted to ICT. We encourage you to apply even if you have a criminal record.
11) Where did you get this application form?
A) I downloaded it myself from Facebook or from another social media or internet platform.
B) I downloaded it myself from the ICT website.
C) Someone else gave it to me.
12) Tick the boxes below that best apply to you. Please believe us when we say that there are NO right or wrong answers. Just please think deeply about yourself and be honest.
a) <u>I believe in myself:</u> True <u> False I want to believe in myself, but don't know how to do it <u> Please explain your answer:</u></u>
b) If I don't know something, I ask questions: True False I'm afraid to ask, so mostly I don't Please explain your answer:
c) If a friend is successful, I am: Happy for them Secretly jealous It has no effect on me Please explain your answer:
d) I must make many BIG sacrifices to be successful at ICT: True False Not so much Please explain your answer, including what sacrifices you think you will have to make:

Part 4: Your Commitment

Please think carefully about each of the promises below. They are your word of honour.

They must be kept by every ICT student each and every day.

1) Do you promise to be in class Monday through Friday, 7:00 am to 4:30 pm, and one day each weekend, either Saturday or Sunday? YES NO	
2) Do you promise to be on-time for class – never late – every single day? YES NO	
B) Do you promise to be able to work day shifts, night shifts, and shifts on weekends and public holidays? Do you understand that there are NEVER DECEMBER HOLIDAYS in the hospitality industry? YES NO	
4) Do you promise to be available to work in a Cape Town restaurant or hotel for a minimum of one year after graduating from ICT? YES □ NO □	
5) Since you will earn no money for at least the first 4 months of attending ICT, do you promise to always have A) transport money to and from class and your work placement, and B) airtime and data on your phone? YES \(\subseteq\) NO \(\subseteq\)	
6) Do you promise to give 110% of your energy and commitment to your training? This means always trying your hardest and completing all tasks with a positive attitude. YES NO	
7) Are you 100% clear that attending ICT is a personal decision to change your life, and that the program will be personally challenging, and that you will be required to face many of your fears and overcome some life-long habits in order to succeed? YES \ NO \	
Part 5: Your Agreement	
I understand that ICT is not a quick fix to my financial problems. ICT provides training for entry-level positions into the professional kitchen. I understand that it takes many years of hard work and dedication to become a respected chef. I know that I will be starting at the bottom in any ob and that I must be willing to always be honest and do my best in order to work my way up.	al
I certify that all information provided in this document is true to the best of my knowledge and will be used to determine my eligibility to attend Infinity Culinary Training. I understand that this application does not guarantee enrollment into any class and that, if I am accepted, any intentionally false statements made by me in this document may result in my immediate and permanent dismissal from Infinity Culinary Training.	al
Signature: Date://	
(Please note: The deadline for submitting this application is 17 February 2025)	
Write your name and surname:	

SPECIAL INSTRUCTIONS

KEEP THIS PAGE.

DO NOT submit this page with your forms.

This is page is yours to keep. Study and learn these things before you attend your first interview.

ABBREVIATIONS

An abbreviation is a shortened form of a word. For example, "Mr" is the abbreviation for the word "Mister."

The letters in **red** are the abbreviations that you must know for the professional kitchen.

G = gram or grams

KG = kilogram or kilograms

L = litre or litres

ML = mililitre or mililitres

TSP = teaspoon or teaspoons

TBL = tablespoon or tablespoons

C = cup or cups

MEASUREMENTS

You must know these basic measurements to work in the professional kitchen.

1 kilogram = 1 000 g

1 litre = 1000 ml

1 teaspoon = 5 ml

1 tablespoon = $15 \text{ ml} \dots$ it also equals 3 tsp

1 cup = 250 ml