

Improving Lives Through Cooking A nonprofit chef school ∞ Cape Town, South Africa

STUDENT APPLICATION

FOR CLASSES 50 & 51 ONLY

Class 50: March - September 2025 Class 51: April - October 2025

FOR OFFICE USE ONLY - OOT						
#Chld:	Work history?	Y	N	Training/Certs?	Y	N
Income:		En	coura	ged to ReAp?	Y	N
Comments:						_
						_
						_
						_
						_

STOP!

READ EVERYTHING VERY CAREFULLY

This form is **ONLY** if you live 75 km **OUTSIDE** of Cape Town – or in another province.

If you live anywhere in the region of Cape Town and its locations, you must download the proper forms from our website.

DO NOT APPLY TO ICT IF:

- 1. You are under 21 years of age at the time of making your application.
- 2. You are the primary caretaker of a child under 2 years of age.

Your application will NOT be considered if you do not follow these two requirements.

Today's date: Province	ce you live in now:
Name:Surname	e:
Age: Female Male ID:	
Phone: 2 nd phone	(friend or relative):
Home address:	
Email address:	Home language:
Number of children: Their ages:	
Which class do you prefer to be in? Class 50 (March-Sep	ot) Class 51 (Apr-Oct) Either is fine

<u>NB! – ICT IS SERIOUS ABOUT TIMEKEEPING</u>

If you are late for any ICT interview – **even one minute late** – you will be turned away and not eligible for that class. For your own professional future, you must **NEVER BE ONE MINUTE LATE**.

12 21 001 (030 031)

STOP AGAIN!

YOU MUST READ AND UNDERSTAND EVERYTHING ON THIS PAGE

- 1) You are **not permitted** to share this form or give it to anyone else. Each person must download the forms for themselves from our website. You are **not permitted** to post this application form on any social media not on Facebook or anywhere.
- 2) You must **print out this application** and answer all questions **truthfully and in your own handwriting.** Type-written answers will **not** be accepted.

3) **IMPORTANT 2025 DATES:**

- 14 February: Deadline for submitting this application for both classes.
- 28 February: Your WhatsApp video interview before we ask you to travel to Cape Town.
- 5 March: Deadline for being in Cape Town if you are asked for an in-person interview.
- 14 March (possibly earlier): Your first in-person interview.
- 24 March: Class 50 begins.
- 21 April: Class 51 begins.

Final selections for both classes will be made shortly before 24 March.

- 4) You must **relocate to Cape Town** for your in-person interviews and for the entire 7 months of the course.
- 5) **ICT provides no transport or accommodation.** If accepted into ICT, you must provide your own reliable accommodation in Cape Town **AND** transport to and from ICT each day **AND** airtime and data for the entire 7 months.
- 6) You must attach a clear photocopy of your ID to this application.

INSTRUCTIONS TO SUBMIT THIS APPLICATION DEADLINE: FRIDAY, 14 FEBRUARY 2025

- 1) **SCAN** all pages (do not send_photos). Email this application and all required attachments to: **applications@ictchefs.org**
- 2) **BRING THIS ORIGINAL APPLICATION AND ATTACHMENTS** with you to your first in-person interview. **DO NOT BE ONE MINUTE LATE** for your interview.
- 3) Emailed forms if you live in Cape Town and its locations will **NOT** be accepted.

Submitting this application, or attending any interview, does NOT guarantee your acceptance to any ICT class.

12-24 OOT (C50-C51)

Part 1: Getting to Know ICT

Before you attend your first interview, it is important for you to get to know a little bit about ICT.

You must understand the seriousness of the business culture required to be chef.

Tick each box that you think is correct.

1) ICT's primary mission is to provide training for people who have never worked or who have limited work experience. If a person has been able to repeatedly find a job, or a person has has over three months of previous hospitality training – or training in any employable field – there <i>very low chance</i> of being accepted to ICT.					
		TRUE	FALSE		
2)	when it comes to the busin	ess world. Therefore,	special occasions. Drinking is a bad practice no amount of drinking alcohol is permitted time off, or when I am at home.		
		TRUE	FALSE		
3)	Even though the ICT train my usual friends and do al	-	my time and attention, I will still be able to have did before attending ICT.		
		TRUE	FALSE		
4) Since ICT is free, they also give their students whatever they want. If I don't have transport money, or a phone, or money for data and airtime, ICT will give me those things.					
		TRUE	FALSE		
5)	5) The professional world is strict about timekeeping. Businesspeople are not interested in excuses like late taxis, load shedding, or personal issues at home. As training for the business world, ICT requires 100% on-time attendance – every single day – from all students.				
		TRUE	FALSE		
6)	challenging. In order to gr	ow and to succeed, I v	my life for the better. The program will be very will have to face many personal challenges, face possibly question some of my beliefs.		
		TRUE	FALSE		
7)	ICT guarantees me a job.	Even if I quit a job or	get fired, ICT will always get me another one.		
		TRUE	FALSE		
8)	and climbing the ladder to career, I must <i>always</i> do m	become a respected, way best, work my harde	It takes many years of hard work, dedication, well-paid chef. Therefore, if I want to grow my est, and put in very long hours. I also MUST be T learn to spend my money correctly.		
		TRUE	FALSE		

Part 2: Your Education, Training, Work History, and Health

	If NO, what is your highest grade completed ?
	Name and location of high school attended?
2)	Has anyone in your life ever called you a "slow learner?" This includes, parents, relatives, teachers or friends. YES \(\subseteq \) NO \(\subseteq \)
	Do you have ANY medical conditions, allergies, or disabilities ? YES NO If YES, please explain in detail:
	Have you been vaccinated against COVID-19? YES ☐ NO ☐ If YES, please attach a copy of proof of vaccination.
5)	List all medications you currently take, the reasons you take them, and how long you've been taking them.
6)	Describe your eyesight: Excellent
7)	How well do you speak, understand, read, write English?
i	Speak: Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
	Understand: Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
	Read: Excellent
	Write: Excellent ☐ Very well ☐ Enough to get by ☐ Struggle a lot ☐ Very poor ☐
8)	Have you applied to ICT in the past? YES □ NO □
	If YES, how many times? What year did you apply?
	How many in-person interviews did you attend? $0 \square 1 \square 2 \square$
	If you attended an in-person interview, what reason did we give you for not being accepted?

9) Have you attended ANY formal or additional skills training? YES NO IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII				
Name of institution: _				
Type of training:		Cost of training:		
Date started:	Date finished:	Did you get a certificate? YES□ NO□		
Name of institution: _				
Type of training:		Cost of training:		
Date started:	Date finished:	Did you get a certificate? YES ☐ NO ☐		
1		arned. If you need more space, attach a CV.		
2				
3				

Part 3: Your Home Life & Financial Life

1) How many people currently stay in your home and what is their relationship to you?

2) If you have children, how many stay with you now? Their ages?
If your children stay with other people, who do they stay with?
In which province do they stay? How long have they been there?
3) Do you have any money saved? YES NO If yes, how much?
How did you manage to save that money?
4) Do you or members of your family have any source of income? YES \ NO \
Who earns the salary?
What job(s) do they have?
How long have they had those jobs? How much do they earn?
How many social grants come into your home? Child Disability Pensioner
5) Please explain how you will financially support yourself during your ICT training. Include where you will get transport money to and from class, and airtime and data for your phone.
6) Have you ever visited or lived in Cape Town? VISITED LIVED NEVER BEEN
7) Please explain A) Where you will stay in Cape Town. B) Will you be staying with a friend, relative or stranger? C) Have you already made a firm plan and agreement with that person for you to stay there?
A)
B)
C)
8) Do you ever feel like a victim of life? YES \(\subseteq \text{NO} \subseteq \text{If YES, what makes you feel that way?} \)
9) At any time in your life, have you experienced abuse or violence at home? YES \(\square \) NO \(\square \) If yes, please explain <i>only</i> if you are comfortable doing so.

10) Have you ever been convicted of a crime? YES NO If YES, please explain all details, including the date of your arrest(s) and dates of any time served in prison.			
Having a criminal record does not automatically disqualify you from being admitted to ICT. We encourage you to apply even if you have a criminal record.			
11) Where did you get this application form?			
A) I downloaded it myself from Facebook or from another social media or internet platform.			
B) I downloaded it myself from the ICT website.			
C) Someone else gave it to me.			
12) Tick the boxes below that best apply to you. Please believe us when we say that there are NO right or wrong answers. Just please think deeply about yourself and be honest.			
a) <u>I believe in myself:</u> True False I want to believe in myself, but don't know how to do it <i>Explain your answer</i> :			
b) If I don't know something, I ask questions: True False I'm afraid to ask, so mostly I don't Explain your answer:			
c) If a friend is successful, I am: Happy for them Secretly jealous It has no effect on me Explain your answer:			
d) I must make many BIG sacrifices to be successful at ICT: True False Not so much Explain your answer – including what sacrifices you think you will have to make:			

Part 4: Your Commitment

Please think carefully about each of the promises below. They are your word of honour.

They must be kept by every ICT student each and every day.

XX 7	Trito your name and surmana.	
~-{	(Please note: The deadline for submitting this application is 17 February 2025)	
-	gnature: Date:/	
	y intentionally false statements made by me in this document may result in my immediate and rmanent dismissal from Infinity Culinary Training.	
th	at this application does not guarantee enrollment into any class and that, if I am accepted,	
	certify that all information provided in this document is true to the best of my knowledge and will be used to determine my eligibility to attend Infinity Culinary Training. I understand	Initial
•		
	ork and dedication to become a respected chef. I know that I will be starting at the bottom in any b and that I must be willing to always be honest and do my best in order to work my way up.	
en	try-level positions into the professional kitchen. I understand that it takes many years of hard	Initial
т.,	and protond that ICT is not a quick fix to my financial problems. ICT provides training for	T '.' 1
Pa	art 5: Your Agreement	
	program will be personally challenging, and that you will be required to face many of your fears and overcome some life-long habits in order to succeed? YES \ NO \	
7)	Are you 100% clear that attending ICT is a personal decision to change your life, and that the	
	always trying your hardest and completing all tasks with a positive attitude. YES \ NO \	
6)	Do you promise to give 110% of your energy and commitment to your training? This means	
	data on your phone? YES \(\square\) NO \(\square\)	
5)	Since you will earn no money for at least the first 4 months of attending ICT, do you promise to always have A) transport money to and from class and your work placement, and B) airtime and	
	one your arrest graduating from 1011 125 1vo	
4)	Do you promise to be available to work in a Cape Town restaurant or hotel for a minimum of one year after graduating from ICT? YES \(\square \) NO \(\square \)	
	industry? YES NO	
3)	Do you promise to be able to work day shifts, night shifts, and shifts on weekends and public holidays? Do you understand that there are NEVER DECEMBER HOLIDAYS in the hospitality industrial.	
2)		
2)	Do you promise to be on-time for class – never late – every single day? YES NO	
1)	Do you promise to be in class Monday through Friday, 7:00 am to 4:30 pm, and one day each weekend, either Saturday or Sunday? YES ☐ NO ☐	

SPECIAL INSTRUCTIONS

KEEP THIS PAGE.

DO NOT submit this page with your forms.

This is page is yours to keep. Study and learn these things before you attend your first interview.

ABBREVIATIONS

An abbreviation is a shortened form of a word. For example, "Mr" is the abbreviation for the word "Mister."

The letters in **red** are the abbreviations that you must know for the professional kitchen.

G = gram or grams

KG = kilogram or kilograms

L = litre or litres

ML = mililitre or mililitres

TSP = teaspoon or teaspoons

TBL = tablespoon or tablespoons

 $\mathbf{C} = \text{cup or cups}$

MEASUREMENTS

You must know these basic measurements to work in the professional kitchen.

1 kilogram = 1 000 g

1 litre = 1000 ml

1 teaspoon = 5 ml

1 tablespoon = $15 \text{ ml} \dots$ it also equals 3 tsp

1 cup = 250 ml